



Leisure

- o Take less holidays that include flying
- o Take public transport to a holiday
- o Use public transport on holiday
- o Look for volunteering days while on holiday
- o Choose holiday accommodation with the Green Tourism Award or similar
- o Go camping
- o Pack plastic free toiletries, snacks, shopping bags
- o Buy environmentally friendly gifts
- o Buy less stuff - watch your bank balance go up
- o Swap items with friends
- o Buy second hand