

## Home

- No plastic bottles
- o Reusable/recyclable cleaning cloths e.g. Enjo
- o Natural detergents and washing liquids
- o Refill cleaning products at zero waste shop
- o Use baking soda, vinegar, lemon to clean
- Switch off appliances not in use
- o Turn off lights
- o Air dry clothes
- o Only boil enough water needed in the kettle
- o Use Ecosia search engine
- Clear spam emails
- o Read/exercise instead of watching TV
- o Switch to LED lightbulbs
- o Turn down heating
- o Insulate home
- o Switch to renewable energy supplier
- Switch to renewable heating technology
- Reduce water use
- o Use filter bag for washing clothes e.g. Guppy
- o One full load of washing per week
- o Grown own veg and herbs
- o Use peat free compost
- o Create a nature friendly garden