



Day to Day

- o Buy clothes second hand
- o Swap clothes with friends
- o Make clothes from sustainable materials
- o Buy clothes made from sustainable materials
- o Wear clothes more often, buy less
- o Use public transport/walk to work/school where possible
- o Use an electric bike to get about
- o When possible switch to an electric car
- o Bank and invest in ethical companies
- o Take packed lunch to school/work in reusable container
- o Use recycled printer paper/paper
- o Make glue from flour and water
- o Replace plastic tape with paper tape
- o Phone instead of video call
- o Turn devices off when not in use
- o Keep devices as long as possible